

MEDICAL HISTORY

Birth deformities(one eye, one kidney, ect.)

Medical conditions currently under treatment.

Preexisting injuries under treatment.

Fractures or other disability type injuries.

Allergies(drug, food, asthma, ect.)

Medical disorders of any type.

I understand that Lakeview High School and the instructors will not be held responsible for injuries or loss of property while the previously named participant is attending the camp. I do hereby release Lakeview High School, its officers, agents, and employees from liability, including claims and suits in law or equity for injury - fatal or otherwise. The signature below absolves the Lakeview athletic camp of all responsibility for loss of personal property. Furthermore, I realize the risks involved to the participant. I will pay, or cover any medical or hospital expenses, doctors bills or other expenses which could be incurred as a result of treatment given previously-mentioned participant for illness or injury while attending or subsequent to attending the Lakeview athletic camp. I hereby authorize the staff of Lakeview athletic camp to act for me according to their best judgement in any medical emergency.

PARTICIPANT _____

PARENT _____

DATE _____

COLUMBUS LAKEVIEW



CAMP DATES

JUNE 10th

JUNE 11th

JUNE 12th

JUNE 13th

FOR MORE INFORMATION CALL

1-402-564-8518

or email kfrenzen@lakeview.esu7.org

Kurt Frenzen

3744 83rd Street

Columbus, NE 68601

**VIKING
FOOTBALL
CAMP
2019**



PLAY HARD! PLAY FAST! FINISH!



**JUNE 10TH - 13TH
GRADES 3RD - 8TH**

LAKEVIEW VIKING FOOTBALL CAMP

FEATURES

TEAM WORK

will be the focus of this camp. Each football coach is very happy that you as a player have decided to become more familiar with the skills needed to be successful in football. It shows that you are serious about becoming a better player. Each session will aid players in becoming more confident about their football skills.

The camp will help players individual skills as well as team techniques. The coaches will be allowed time each day to incorporate and fine tune schemes that will be used in jr. high and high school. Each player will be able to participate in a team session allowing each group to generate that team chemistry that is so important.

BENEFITS

- One on one instruction by the LHS staff.
- Form running instruction.
- 7 on 7 (college and pro divisions)

COST - \$35.00 per participant

WHAT TO BRING

- signed form
- football cleats
- tennis shoes
- athletic support
- t-shirt
- shorts
- socks



2019 VIKING FOOTBALL CAMP STAFF

Camp Coordinator
Coach Kurt Frenzen - 19th Year

OFFENSIVE

Offensive Line - Kurt Frenzen
Wide Receivers - Aaron Neujahr
Running Backs - Jeff Bargaen
Quarterbacks - Dan Krueger

DEFENSE

Defensive Line - Kurt Frenzen
Middle Linebackers - Jeff Bargaen
Outside Linebackers - Aaron Neujahr
Defensive Backs - Dan Krueger

Daily Schedule (TENTATIVE)

Form Run - 9:30-9:40 am
Individual Session - 9:40-10:10 am
Group Session - 10:10-10:30 am
Team Session - 10:30 - 11:00 am

NOTE: \$5.00 off for each camper that is attending the Lakeview Wrestling Camp.

PERSONAL INFORMATION

NAME: _____

HOME PHONE: _____

CELL PHONE: _____

FATHER/GUARDIAN: _____

MOTHER/GUARDIAN: _____

HIGH SCHOOL YOU WILL ATTEND

ELEMENTARY SCHOOL YOU ATTEND

GRADE YOU WILL BE ENTERING

Circle one-3-4-5-6-7-8

BIRTHDATE _____

HEIGHT _____ **WEIGHT** _____

T-SHIRT SIZE -YOUTH S/M/L

T-SHIRT SIZE - ADULT S/M/L/XL/XXL

POSITIONS -OFF _____ **DEF** _____

Please read and sign the release form and return with your personal info and \$35.00 payment to:

KURT FRENZEN
3744 83rd Street
Columbus, NE 68601

OVER 100 AREA YOUTH ATTENDED LAST YEAR

