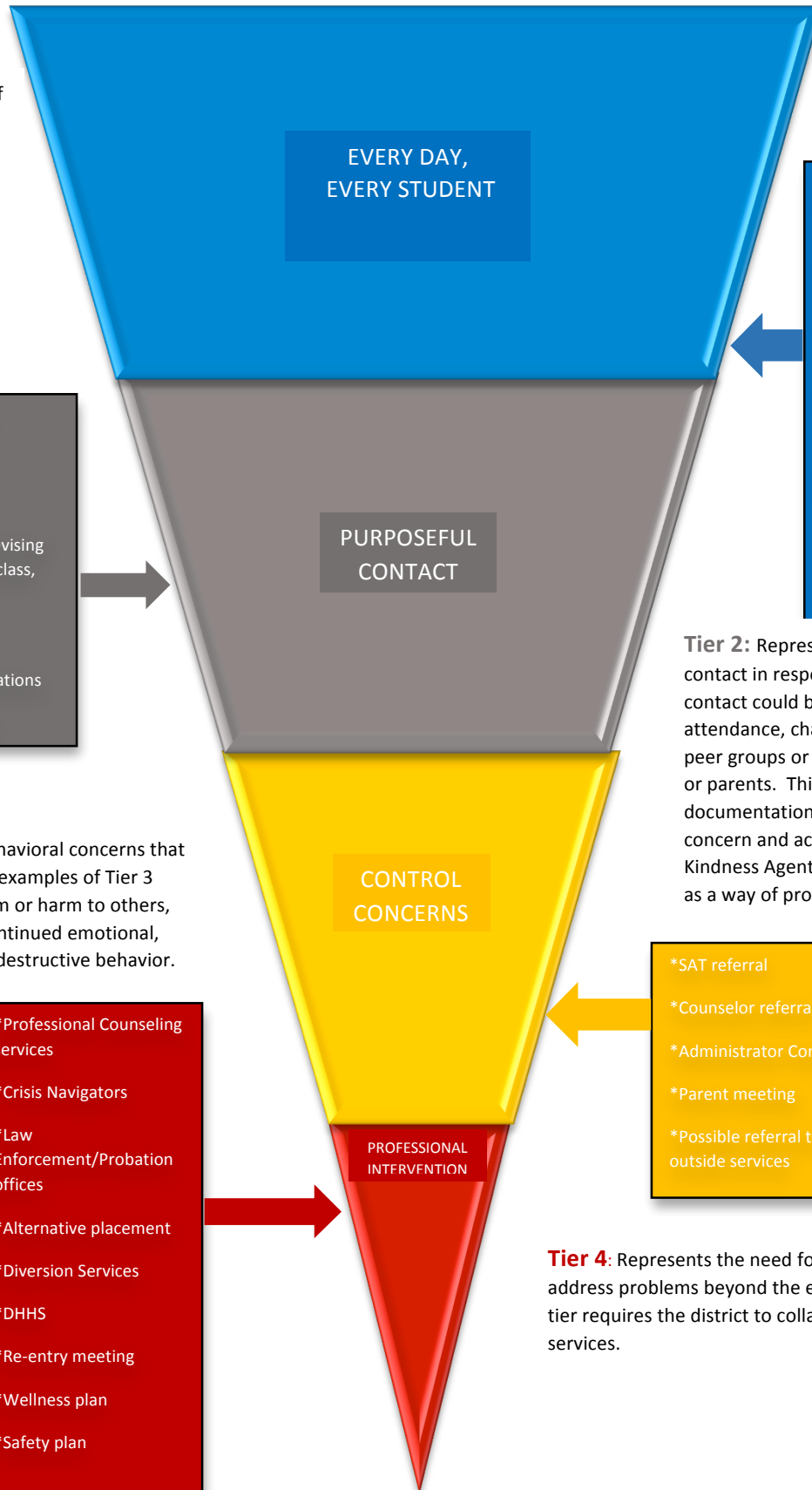


Mental Health Funnel

The Mental Health Funnel includes four levels of interventions that support the mental health of students. It includes academic, social and emotional health components that affect the welfare of students.

Tier 1: Represents the ability of the faculty and staff to build healthy relationships with their students through everyday routines and relationship building techniques. This includes beginning class routines, class exit routines and basic classroom structure that establishes a safe environment

- *One on one conversations
- *Parent contact
- *Secret Kindness Agents
- *Classroom interventions (revising seating charts, extra help in class, set up student for success)
- *Documentation
- *Multiple follow-up conversations
- *Possible counselor referral



- *Being visible in the hallways between classes
- *Greeting each student by name at the classroom door
- *Show of familiarity/concern, high five, fist bump, etc.
- *Exit routine that includes opportunity to address concerns/mend fences
- *Purposeful conversation to learn about students' interests and concerns beyond the classroom
- *Use of system (google doc, note cards) to be mindful in learning about students and ensuring that each student is being engaged.

Tier 2: Represents more purposeful contact in response to concerns. This contact could be due to: low grades, poor attendance, change in attitude, change in peer groups or a referral by student peers or parents. This contact should include documentation that includes the date, concern and action taken. The Secret Kindness Agents can also be used in Tier 2 as a way of providing positive peer support.

Tier 3: Represents continual behavioral concerns that lead to elevated concern. Some examples of Tier 3 concerns are: reports of self-harm or harm to others, possible neglect or abuse and continued emotional, physical, social or academic self-destructive behavior.

- *Professional Counseling services
- *Crisis Navigators
- *Law Enforcement/Probation offices
- *Alternative placement
- *Diversion Services
- *DHHS
- *Re-entry meeting
- *Wellness plan
- *Safety plan

- *SAT referral
- *Counselor referral
- *Administrator Contact
- *Parent meeting
- *Possible referral to outside services

Tier 4: Represents the need for professional services to address problems beyond the expertise of the district. This tier requires the district to collaborate closely with outside services.