



Columbus Area Youth Track

2023



Practices & Meets

Monday, **April 17th** - Practice - 6:00-7:15
 Monday, **April 24th** - Practice - 6:00-7:15
 Friday, **April 28th** - Practice - 6:00-7:15
 Monday, **May 1st** -Practice- 6:00-7:15

Saturday, May 6th - Meet Day -
 Start Time 8:30 AM

Cost, Details, & Ages

- Who: **Kindergarten** through **6th Grade**
- Cost: **\$35** per child (no refunds)
- What: four **practices**, one track **meet**, and one **t-shirt**
- Where: All practices/meets will be at the CHS Track (**3434 Discoverer Drive**)

Parents are allowed to attend practice and meets; we ask that you remain in the stands during running events. Participants will need to bring their own water bottle.

Events

60 Meter Dash	400 Meter Dash	60 Meter Hurdles	Pole Vault (6th Gr Only)
100 Meter Dash	800 Meter Run	High Jump	Shot Put
200 Meter Dash	1600 Meter Run	Long Jump	Discus

For the track meet, athletes can compete in up to **three** events, but no more than two field events. Parents and athletes will be allowed to pick the events.

Kindergartners are NOT allowed to compete in 1600, High Jump, Shot or Discus.

Ribbons will be awarded to the top 6 in each event in each grade and gender.

Contact & Communication

Chris Sander
 Columbus High School
 3434 Discoverer Drive
sanderc@discoverers.org

For reminders on Remind, text **@coltrack** to **81010** to receive messages via text. In the event of bad weather, we will cancel.

Return your registration form in one of the following ways:

1. Return to your school if CPS student
2. Mail to [Chris Sander](#) at Columbus High School
3. Bring to the first practice

Make checks payable to **COLUMBUS HIGH SCHOOL**

Each athlete needs a separate registration sheet.

Student's Name: _____

Grade: _____ Gender: _____

School: _____

Guardian Contact: _____

Guardian Phone Number: _____

Emergency Contact & Number: _____

Athlete's Shirt Size (**please circle**):

Youth Small

Youth Medium

Youth Large

Adult Small

Adult Medium

Adult Large

Adult Extra Large

Parent/Guardian Waiver

I/We _____ allow our son/daughter to participate in Columbus Youth Track. I/we do not hold Columbus Public Schools or Youth Track coaches responsible for any injuries that occur while participating, and we understand that there will be no refunds.

Signature: _____

Date: _____